

## **Glasshouse Country Bowls club**

**is excited to start a junior group as well as welcoming any new adult bowlers**

Are you looking for a sport that can -

- # Improve Fitness
  - # Improve coordination and skill development
  - # Increase confidence and self esteem
  - # Provides loads of fun in a social atmosphere surrounded by friends #
- People of all physical capabilities can compete

**Come enjoy a sport that is played by millions around the world**

Free licensed professional coaching is provided on  
Sunday mornings from 10.30am to 12pm.

Any age group is welcome to come along, have some fun and learn the game of lawn bowls!

Membership for both juniors and adults are available

For more info contact the club on 07 54 969 311 or  
Bill Tumbridge on 0414 589 595

