

# Positive Behaviours for Learning @ Beerwah SHS

A Beerwah State High School we aim to focus on the positive behaviours so that they become the norm and a way of working that we all aspire to. As part of our **PBL framework** the school focuses on 3 main expectations – **RESPECT**, **RESPONSIBILITY** and **SAFETY**. Each newsletter we will unpack just what these expectations refer to.



**Respecting someone means you act in a way that shows you care about their feelings and well-being.  
You can have respect for others, and for yourself.**

Even when we don't agree with someone, we can treat them with respect by talking calmly about the issue instead of calling them names or trying to hurt their feelings. When you call someone names/use inappropriate and hurtful words, you are not considering their feelings. You can tell someone you are upset without being mean. **You are being respectful when you stop and think before you speak or text and consider how these words will affect the other person, yourself and your friendship group.**

Having respect for yourself is as important as having respect for others. Respecting yourself means you don't do things that you know could hurt your own well-being.



**Our REBOOT framework focuses on the 3 brains – WILD, EMOTIONAL and SMART**

Which brain is getting your attention?



All students, especially those in years 7-10, are involved in the **REBOOT** framework to help them acknowledge their emotional state and resultant behaviours. Our aim is to help students regulate their behaviours so that they operate more in the smart brain and make good choices for themselves and for others.

*Tanya Hayden – Deputy Principal*